



2026 T-Ball Rules

1. This is a learning league. We are to teach batting, fielding, throwing, base running and good sportsmanship. No score will be kept and coaches will act as umpires.
 2. Games will have a 1 hour time limit or no more than 3 innings.
 4. Players must alternate positions each inning and batting lineups should be different each game.
 5. Helmets will be worn while at bat and while running bases in practices and games. The batting tee will be used for all games and practices. No hitting balls into the fences per City of Gering.
 6. One base will be allowed on an overthrow whether it stays in fair or foul territory. Runners cannot advance home unless hit in. Last batter and all base runners can advance all the way around until someone is tagged out.
 7. There will be no base stealing, walks or strikeout. Batters can take as many swings as needed to get ori base but the ball must be hit into fair territory.
 8. All players will bat each inning.-. and all will play the field. There will be no 3 out rule. If one team has 10 players and the other team has 8 the shorthanded team can bat 10 players if they want.
 9. RAINOUTS: If the red flag is flying behind center field of the boys big baseball field games are cancelled for that night. If there is lightning before or during your game pull the girls off the field and wait at least 30 minutes. A board member will notify you if games are cancelled that night and when they will be made up.
- Weather information will also be posted on our Facebook page and website at <https://geringgirlsssoftball.com>.
10. PICK UP ALL TRASH IN YOUR DUGOUT AFTER YOUR GAME.
 11. Be aware of signs and symptoms of concussions, heat stroke and heat exhaustion. When in doubt sit them out.